



SMART
Shopping

MINIMIZE TRIPS TO THE STORE

MAKING A LIST BEFORE LEAVING HOME CAN HELP
MAKE SURE YOU GET EVERYTHING THE FIRST TIME.



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NO NEED TO HOARD!

THERE IS NO DISRUPTION IN SUPPLY CHAIN, BUY JUST ENOUGH FOR YOUR FAMILY FOR TWO WEEKS.

THE CDC RECOMMENDS A 2-WEEK SUPPLY OF PRESCRIPTION AND OVER THE COUNTER MEDICATIONS, FOOD AND OTHER ESSENTIALS.



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PROTECT YOURSELF IN PUBLIC

USE SANITIZER WIPES ON THE CARTS AND CARRY
HAND SANITIZER.

REMEMBER: YOU MUST MAINTAIN SOCIAL DISTANCING
OF AT LEAST SIX FEET FROM ANY OTHER PERSON.



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LEAVE FAMILY AT HOME

SEND JUST ONE PERSON TO THE STORE TO REDUCE
PUBLIC CROWDING.



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SHOP ONLINE

ONE OPTION PEOPLE ARE TURNING TO IS GROCERY DELIVERY SERVICES. THERE ARE PLENTY OF SITES THAT CAN HELP YOU WITH ONLINE DELIVERY AND PICKUP.

ONLINE SHOPPING IS A GREAT WAY TO AVOID CROWDS!



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IF YOU'RE GETTING YOUR GROCERIES DELIVERED:

THE DELIVERY PERSON NEEDS TO TAKE THE SAME
PRECAUTIONS TO PREVENT THE SPREAD OF A VIRUS TO
YOU.

AVOID A DIRECT HAND-OFF. ARRANGE TO HAVE THE
ITEMS DELIVERED TO YOUR DOORSTEP OR A PLACE
NEARBY INSTEAD.



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